

	June	2022		"Shoot for the moon, if you miss, don't worry, you will be with the stars". Les Brown		
M	T	W	T	F	S	S
30	31	1	2	3	4	5
8:30am Vinyasa Flow Carlotta	8:30am Creative Flow - Carlotta. 8:30 Kundalini Yoga - Daphna Guruwant 6:00pm Breathwork & Yoga Nidra - Edwin 6:00pm Yin Yoga - Carlotta	7:15am Sun Rise Yoga - Zee. 8:30am Vinyasa Flow (LV2) Carlotta. 7:30pm 11th Step NA Meeting (CE)	8:30am Vinyasa Flow - Zee 8:30am Kundalini Yoga - Daphna Guruwant 10:15am Vinyasa Flow - Zee 6:00pm Yin Yoga - Daphna	8:30am Explore Power Vinyasa Flow - Zee	8:30am Kundalini Yoga - Daphna Guruwant	8:30 Vinyasa Flow - Carlotta. 10:15 Rocket Ashtanga - Zee. 4:00pm Balinese Dance Class (CE)
6	7	8	9	10	11	12
8:30am Vinyasa Flow Carlotta	8:30am Creative Flow - Carlotta. 8:30 Kundalini Yoga - Daphna Guruwant 6:00pm Yin Yoga - Carlotta	7:15am Sun Rise Yoga - Zee. 8:30am Vinyasa Flow (LV2) Carlotta. 7:30pm 11th Step NA Meeting (CE)	8:30am Vinyasa Flow - Carlotta 8:30am Kundalini Yoga - Daphna Guruwant. 10:15am Vinyasa Flow - Zee 6:00pm Yin Yoga - Carlotta	7:15am Sun Rise Yoga - Carlotta 8:30am Explore Power Vinyasa Flow - Zee 10:15am Vinyasa Flow - Carlotta	8:30am Kundalini Yoga - Daphna Guruwant	8:30 Vinyasa Flow - Carlotta. 10:15 Rocket Ashtanga - Zee. 2:00pm Balinese Dance Class (CE)
13	14	15	16	17	18	19
8:30am Vinyasa Flow Carlotta. 8:30am Journey 7 Headstand Workshop - Zee	8:30am Creative Flow - Carlotta. 8:30 Kundalini Yoga - Daphna Guruwant 6:00pm Yin Yoga - Carlotta 6:00pm Full Moon Super Strawberry Chakra Dance - Daphna - Guruwant (CE)	7:15am Sun Rise Yoga - Zee. 8:30am Vinyasa Flow (LV2) Carlotta. 7:30pm 11th Step NA Meeting (CE)	8:30am Vinyasa Flow - Carlotta 8:30am Kundalini Yoga - Daphna Guruwant. 10:15am Vinyasa Flow - Zee 6:00pm Yin Yoga - Carlotta	7:15am Sun Rise Yoga - Carlotta 8:30am Explore Power Vinyasa Flow - Zee 10:15am Vinyasa Flow - Carlotta	8:30am Kundalini Yoga - Daphna Guruwant	8:30 Vinyasa Flow - Carlotta. 10:15 Rocket Ashtanga - Zee. 2:00pm Balinese Dance Class (CE). Happy Fathers Day
20	21	22	23	24	25	26
8:30am Vinyasa Flow Carlotta	8:30am Rising Flow (LV2) - Carlotta. 8:30 Kundalini Solstice Activation Yoga - Daphna Guruwant 6:00pm Kirtan - Carlotta (CE) International Yoga Day. Summer Solstice	7:15am Sun Rise Yoga - Zee. 8:30am Vinyasa Flow (LV2) Carlotta. 7:30pm 11th Step NA Meeting (CE)	8:30am Vinyasa Flow - Carlotta 8:30am Kundalini Yoga - Daphna Guruwant. 10:15am Vinyasa Flow - Zee 6:00pm Yin Yoga - Carlotta	7:15am Sun Rise Yoga - Carlotta 8:30am Explore Power Vinyasa Flow - Zee 10:15am Vinyasa Flow - Carlotta	8:30am Kundalini Yoga - Daphna Guruwant	8:30 Vinyasa Flow - Carlotta. 10:15 Rocket Ashtanga - Zee. 2:00pm Balinese Dance Class (CE)
27	28	29	30	1	2	3
8:30am Vinyasa Flow Carlotta. 8:30am Get Lost with Your Shape Special Class - Zee	8:30am Creative Flow - Carlotta. 8:30 Kundalini Yoga - Daphna Guruwant 6:00pm Yin Yoga - Carlotta	7:15am Sun Rise Yoga - Zee. 8:30am Vinyasa Flow (LV2) Carlotta. 4:00pm Power & Science of Mantra Workshop - Daphna Guruwant 7:30pm 11th Step NA Meeting (CE)	8:30am Vinyasa Flow - Carlotta 8:30am Kundalini Yoga - Daphna Guruwant. 10:15am Vinyasa Flow - Zee 6:00pm Yin Yoga - Carlotta	7:15am Sun Rise Yoga - Carlotta 8:30am Explore Power Vinyasa Flow - Zee 10:15am Vinyasa Flow - Carlotta	8:30am Kundalini Yoga - Daphna Guruwant	8:30 Vinyasa Flow - Carlotta. 10:15 Rocket Ashtanga - Zee. 2:00pm Balinese Dance Class (CE)

Classes open to the public. Classes without a level specified are open level for all. Sun Rise flow class are 1 hour, all others 1.5 hours. (CE) Community Event - Free. All classes Rp.140,000 per class, Kids Rp.60,000 (10 to 17) Rp. 100,000 for Indonesian Citizens 6 Class pass Rp. 480,000 Indonesian Citizens - Rp.1,200,000 for 12 class pass or Rp. 700,000 for 6 class pass. No expiration, Transferable. All yoga props provided.