



Desa Seni, A Village Resort

January 2022 YOGA & HAPPENINGS

Desa Seni, A Village Resort
 Jl. Subak Sari #13 Pantai Berawa, Canggu
 Tel. +62 81 139 9536 / +62 361 844 6393 / 844 6394
 info@desaseni.com - www.desaseni.com

Monday Dec 27	Tuesday Dec 28	Wednesday Dec 29	Thursday Dec 30	Friday Dec 31	Saturday Jan 1	Sunday Jan 2
8:30am Vinyasa Flow (Open Level) - Carlotta 6:00pm Breathwork & Meditation - Edwin	8:30am Creative Flow - Fey 10:15am Vinyasa Flow - Zee	8:30am Vinyasa Flow (Lv2) - Carlotta 7:30pm 11th Step NA Meeting (CE)	8:30am Creative Flow - Fey 8:30am Breathwork & Meditation - Edwin 10:15am Vinyasa Flow Open Level - Carlotta	8:30am Vinyasa Flow (Lv2) - Carlotta 8:30am Explore Power Vinyasa - Zee (Bahasa Indonesia)	8:30am Chakra Flow & Breathwork - Edwin 9:30am Align & Flow - Fey	8:30am Vinyasa Flow - Carlotta 9:30am Rocket Ashtanga - Zee (Bahasa Indonesia)
Jan 3	Jan 4	Jan 5	Jan 6	Jan 7	Jan 8	Jan 9
8:30am Vinyasa Flow (Open Level) - Carlotta 6:00pm Breathwork & Meditation - Edwin	8:30am Align & Flow - Fey 10:15am Vinyasa Flow - Zee 10:15am Rising Flow - Carlotta Special Class	8:30am Vinyasa Flow (Lv2) - Carlotta 9:30am Chakra Flow & Breathwork - Edwin 7:30pm 11th Step NA Meeting (CE)	8:30am Align & Flow - Fey 10:15am Vinyasa Flow Open Level - Carlotta	8:30am Vinyasa Flow (Lv2) - Carlotta 8:30am Explore Power Vinyasa - Zee (Bahasa Indonesia)	8:30am Chakra Flow & Breathwork - Edwin 9:30am Align & Flow - Fey	8:30am Vinyasa Flow - Carlotta 9:30am Rocket Ashtanga - Zee (Bahasa Indonesia)
Jan 10	Jan 11	Jan 12	Jan 13	Jan 14	Jan 15	Jan 16
8:30am Vinyasa Flow (Open Level) - Carlotta 6:00pm Breathwork & Meditation - Edwin	8:30am Kundalini Yoga and Meditation A Special 6 Week Series - Daphna Soul Connection 8:30am Align & Flow - Fey 10:15am Vinyasa Flow - Zee	8:30am Vinyasa Flow (Lv2) - Carlotta 9:30am Chakra Flow & Breathwork - Edwin 7:30pm 11th Step NA Meeting (CE)	8:30am Kundalini Yoga and Meditation A Special 6 Week Series - Daphna Soul Connection 8:30am Align & Flow - Fey 10:15am Vinyasa Flow Open Level - Carlotta	8:30am Vinyasa Flow (Lv2) - Carlotta 8:30am Explore Power Vinyasa - Zee (Bahasa Indonesia)	8:30am Kundalini Yoga and Meditation A Special 6 Week Series - Daphna Soul Connection 8:30am Chakra Flow & Breathwork - Edwin 9:30am Align & Flow - Fey	8:30am Vinyasa Flow - Carlotta 9:30am Rocket Ashtanga - Fey (Bahasa Indonesia)
Jan 17	Jan 18	Jan 19	Jan 20	Jan 21	Jan 22	Jan 23
8:30am Vinyasa Flow (Open Level) - Carlotta 6:00pm Breathwork & Meditation - Edwin 6:00pm Full Moon Practice - Fey (CE)	8:30am Kundalini Yoga and Meditation A Special 6 Week Series - Daphna Creativity in Action, Love in Action 8:30am Align & Flow - Fey 10:15am Vinyasa Flow - Zee 10:15am Rising Flow - Carlotta Special Class	8:30am Backbend Workshop - Zee 8:30am Vinyasa Flow (Lv2) - Carlotta 9:30am Chakra Flow & Breathwork - Edwin 7:30pm 11th Step NA Meeting (CE)	8:30am Kundalini Yoga and Meditation A Special 6 Week Series - Daphna Creativity in Action, Love in Action 8:30am Align & Flow - Fey 10:15am Vinyasa Flow Open Level - Carlotta	8:30am Vinyasa Flow (Lv2) - Carlotta 8:30am Explore Power Vinyasa - Zee (Bahasa Indonesia)	8:30am Kundalini Yoga and Meditation A Special 6 Week Series - Daphna Creativity in Action, Love in Action 8:30am Chakra Flow & Breathwork - Edwin 9:30am Align & Flow - Fey	8:30am Vinyasa Flow - Carlotta 9:30am Rocket Ashtanga - Zee (Bahasa Indonesia)
Jan 24	Jan 25	Jan 26	Jan 27	Jan 28	Jan 29	Jan 30
8:30am Vinyasa Flow (Open Level) - Carlotta 6:00pm Breathwork & Meditation - Edwin	8:30am Kundalini Yoga and Meditation A Special 6 Week Series - Daphna Caliber and Commitment 8:30am Align & Flow - Fey 10:15am Vinyasa Flow - Zee	8:30am Vinyasa Flow (Lv2) - Carlotta 9:30am Chakra Flow & Breathwork - Edwin 7:30pm 11th Step NA Meeting (CE)	8:30am Kundalini Yoga and Meditation A Special 6 Week Series - Daphna Caliber and Commitment 8:30am Align & Flow - Fey 10:15am Vinyasa Flow Open Level - Carlotta	8:30am Vinyasa Flow (Lv2) - Carlotta 8:30am Explore Power Vinyasa - Zee (Bahasa Indonesia)	8:30am Kundalini Yoga and Meditation A Special 6 Week Series - Daphna Caliber and Commitment 8:30am Chakra Flow & Breathwork - Edwin 9:30am Align & Flow - Fey	8:30am Vinyasa Flow - Carlotta 9:30am Rocket Ashtanga - Zee (Bahasa Indonesia)

- facebook.com/desaseni
- instagram.com/desaseni_avillageresort
- pinterest.com/DesaSeni
- youtube.com/user/desaseni1

For up to date information on events, times, dates and details, go to: www.desaseni.com/events-3
 Our classes are open to the public, no need to pre book, come and bring a smile! For workshops and specialty offerings, please pre book! We provide all the yoga props. Classes without level specification are open to all. Our experienced teachers will offer variations for all levels of practice, including people beginning their yoga journey
 Sunrise Flow - Sunset Flow & Meditation: 60 Minutes & All other classes - 90 Minutes
 Level 2: A dynamic class suited for intermediate practitioners
 Level 2-3: A dynamic class suited for experienced practitioners
 (CE) Community Event: Donation basis, Everyone Welcome!
 All classes Rp. 140.000 per class, Kids Rp. 60.000 (10-17 Years old) per class. Rp. 100.000 for Indonesian Citizens - 6 class pass Rp.480.000 (Citizens Only)
 Rp. 1.200.000 for 12 class pass, Rp. 700.000 for 6 class pass.

If you are interested in a Private Yoga Class, Meditation or Pranayama please call: +62 81 139 9536 +62 361 - 8446392 / 8446393 / 8446394 Write to info@desaseni.com

