



# Desa Seni, A Village Resort

## September 2021 YOGA & HAPPENINGS

Desa Seni, A Village Resort  
 Jl. Subak Sari #13 Pantai Berawa, Canggu  
 Tel. +62 81 139 9536 / +62 361 844 6393 / 844 6394  
 info@desaseni.com - www.desaseni.com

Monday Aug 30	Tuesday Aug 31	Wednesday Sep 1	Thursday Sep 2	Friday Sep 3	Saturday Sep 4	Sunday Sep 5
8:30am Vinyasa Flow ( Open Level ) - Carlotta	8:30am Creative Flow - Angela 10:15am Vinyasa Flow - Zee	8:30am Vinyasa Flow ( Lv1/2 ) - Angela 7:30pm 11th Step NA Meeting (CE)	8:30am Kundalini Yoga - Manuela 10:15am Vinyasa Flow Open Level - Zee 4:00pm Creative Vinyasa - Angela	8:30am Explore Power Vinyasa - Zee (Bahasa Indonesia)	10:15am Creative Flow - Angela	8:30am Vinyasa Flow - Angela 9:30am Rocket Ashtanga - Zee (Bahasa Indonesia)
Sep 6	Sep 7	Sep 8	Sep 9	Sep 10	Sep 11	Sep 12
8:30am Vinyasa Flow ( Open Level ) - Zee	8:30am Kundalini Yoga - Manuela 8:30am Creative Flow - Angela 10:15am Vinyasa Flow - Zee	8:30am Vinyasa Flow ( Lv1/2 ) - Angela 7:30pm 11th Step NA Meeting (CE)	8:30am Kundalini Yoga - Manuela 10:15am Vinyasa Flow Open Level - Carlotta 4:00pm Creative Vinyasa - Angela	8:30am Vinyasa Flow (Lv2) - Carlotta 8:30am Explore Power Vinyasa - Zee (Bahasa Indonesia)	8:30am Kundalini Yoga - Manuela 10:15am Creative Flow - Angela	8:30am Vinyasa Flow - Carlotta 9:30am Rocket Ashtanga - Zee (Bahasa Indonesia)
Sep 13	Sep 14	Sep 15	Sep 16	Sep 17	Sep 18	Sep 19
8:30am Vinyasa Flow ( Open Level ) - Carlotta	8:30am Kundalini Yoga - Manuela 8:30am Creative Flow - Angela 10:15am Vinyasa Flow - Zee 10:15am Rising Flow - Carlotta Special Class	8:30am Vinyasa Flow ( Lv1/2 ) - Carlotta 7:30pm 11th Step NA Meeting (CE)	8:30am Kundalini Yoga - Manuela 10:15am Vinyasa Flow Open Level - Carlotta 4:00pm Creative Vinyasa - Angela	8:30am Vinyasa Flow (Lv2) - Carlotta 8:30am Explore Power Vinyasa - Zee (Bahasa Indonesia) 10:15am Tantra Yoga - Angela Special Class	8:30am Kundalini Yoga - Manuela 10:15am Creative Flow - Angela	8:30am Vinyasa Flow - Carlotta 9:30am Rocket Ashtanga - Zee (Bahasa Indonesia)
Sep 20	Sep 21	Sep 22	Sep 23	Sep 24	Sep 25	Sep 26
8:30am Vinyasa Flow ( Open Level ) - Carlotta 4:00pm Yin & Myofascia - Tao	8:30am Kundalini Yoga - Manuela 8:30am Creative Flow - Angela 10:15am Vinyasa Flow - Zee	8:30am Vinyasa Flow ( Lv1/2 ) - Carlotta 4:00pm Yin Class - Tao 7:30pm 11th Step NA Meeting (CE)	8:30am Kundalini Yoga - Manuela 10:15am Vinyasa Flow Open Level - Carlotta 4:00pm Creative Vinyasa - Angela	8:30am Vinyasa Flow (Lv2) - Carlotta 8:30am Explore Power Vinyasa - Zee (Bahasa Indonesia)	10:15am Creative Flow - Angela	8:30am Vinyasa Flow - Carlotta 9:30am Rocket Ashtanga - Zee (Bahasa Indonesia)
Sep 27	Sep 28	Sep 29	Sep 30	Oct 1	Oct 2	Oct 3
8:30am Vinyasa Flow ( Open Level ) - Carlotta 4:00pm Yin & Myofascia - Tao	8:30am Kundalini Yoga - Manuela 8:30am Creative Flow - Angela 10:15am Vinyasa Flow - Zee	8:30am Vinyasa Flow ( Lv1/2 ) - Carlotta 4:00pm Yin Class - Tao 7:30pm 11th Step NA Meeting (CE)	8:30am Kundalini Yoga - Manuela 10:15am Vinyasa Flow Open Level - Carlotta 4:00pm Creative Vinyasa - Angela	8:30am Vinyasa Flow (Lv2) - Carlotta 8:30am Explore Power Vinyasa - Zee (Bahasa Indonesia)	8:30am Kundalini Yoga - Manuela 10:15am Creative Flow - Angela	8:30am Vinyasa Flow - Carlotta 9:30am Rocket Ashtanga - Zee (Bahasa Indonesia)

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 pinterest.com/DesaSeni
 youtube.com/user/desaseni1

For up to date information on events, times, dates and details, go to: [www.desaseni.com/events-3](http://www.desaseni.com/events-3)  
 Our classes are open to the public, no need to pre book, come and bring a smile! For workshops and specialty offerings, please pre book! We provide all the yogo props.  
 Classes without level specification are open to all. Our experienced teachers will offer variations for all levels of practice, including people beginning their yoga journey  
 Sunrise Flow - Sunset Flow & Meditation: 60 Minutes & All other classes - 90 Minutes  
 Level 2: A dynamic class suited for intermediate practitioners  
 Level 2-3: A dynamic class suited for experienced practitioners  
 (CE) Community Event: Donation basis, Everyone Welcome!  
 All classes Rp. 140.000 per class, Kids Rp. 60.000 (10-17 Years old) per class. Rp. 100.000 for Indonesian Citizens - 6 class pass Rp.480,000 (Citizens Only)  
 Rp. 1.200.000 for 12 class pass, Rp. 700.000 for 6 class pass.

If you are interested in a Private Yoga Class, Meditation or Pranayama please call: +62 81 139 9536 +62 361 - 8446392 / 8446393 / 8446394 Write to info@desaseni.com

