



Desa Seni, A Village Resort

July 2021 YOGA & HAPPENINGS

Desa Seni, A Village Resort
 Jl. Subak Sari # 13 Pantai Berawa, Canggu
 Tel. +62 81 139 9536 / +62 361 844 6393 / 844 6394
 info@desaseni.com - www.desaseni.com

Monday June 28	Tuesday June 29	Wednesday June 30	Thursday July 1	Friday July 2	Saturday July 3	Sunday July 4
8:30am Vinyasa Flow (Open Level) - Carlotta 4:00pm Yin Yoga - Dian	8:30am Kundalini Yoga - Daphna 8:30am Creative Flow - Angela	8:30am Vinyasa Flow (Lv1/2) - Carlotta 10:15am Embodied Movement - Izzy 4:00pm Yin Yoga - Dian 7:30pm 11th Step NA Meeting (CE)	8:30am Kundalini Yoga - Daphna 10:15am Vinyasa Flow Open Level - Carlotta	8:30am Vinyasa Flow (Lv2) - Carlotta 8:30am Explore Power Vinyasa - Zee (Bahasa Indonesia)	8:30am Kundalini Yoga - Daphna 10:15am Creative Flow - Angela	8:30am Vinyasa Flow - Carlotta 9:30am Rocket Ashtanga - Zee (Bahasa Indonesia)
July 5	July 6	July 7	July 8	July 9	July 10	July 11
8:30am Vinyasa Flow (Open Level) - Carlotta 4:00pm Yin & Myofascia - Tao	8:30am Kundalini Yoga - Daphna 8:30am Creative Flow - Angela 10:15am Vinyasa Flow - Zee	8:30am Vinyasa Flow (Lv1/2) - Carlotta 10:15am Embodied Movement - Izzy 4:00pm Yin & Myofascia - Tao 7:30pm 11th Step NA Meeting (CE)	8:30am Kundalini Yoga - Daphna 10:15am Vinyasa Flow Open Level - Carlotta	8:30am Vinyasa Flow (Lv2) - Carlotta 8:30am Explore Power Vinyasa - Zee (Bahasa Indonesia)	8:30am Kundalini Yoga - Daphna 10:15am Creative Flow - Angela	8:30am Vinyasa Flow - Angela 9:30am Rocket Ashtanga - Zee (Bahasa Indonesia)
July 12	July 13	July 14	July 15	July 16	July 17	July 18
8:30am Vinyasa Flow (Open Level) - Carlotta 4:00pm Yin & Myofascia - Tao	8:30am Kundalini Yoga - Daphna 8:30am Creative Flow - Angela 10:15am Vinyasa Flow - Zee 10:15am Rising Flow - Carlotta Special Class	8:30am Vinyasa Flow (Lv1/2) - Carlotta 10:15am Embodied Movement - Izzy 4:00pm Yin & Myofascia - Tao 7:30pm 11th Step NA Meeting (CE)	8:30am Kundalini Yoga - Daphna 10:15am Vinyasa Flow Open Level - Carlotta	8:30am Vinyasa Flow (Lv2) - Carlotta 8:30am Explore Power Vinyasa - Zee (Bahasa Indonesia)	8:30am Kundalini Yoga - Daphna 10:15am Creative Flow - Angela	8:30am Vinyasa Flow - Carlotta 9:30am Rocket Ashtanga - Zee (Bahasa Indonesia)
July 19	July 20	July 21	July 22	July 23	July 24	July 25
8:30am Vinyasa Flow (Open Level) - Carlotta 4:00pm Yin & Myofascia - Tao	8:30am Kundalini Yoga - Daphna 8:30am Creative Flow - Angela 10:15am Vinyasa Flow - Zee	8:30am Vinyasa Flow (Lv1/2) - Carlotta 10:15am Embodied Movement - Izzy 4:00pm Yin & Myofascia - Tao 7:30pm 11th Step NA Meeting (CE)	8:30am Kundalini Yoga - Daphna 10:15am Vinyasa Flow Open Level - Carlotta	8:30am Vinyasa Flow (Lv2) - Carlotta 8:30am Explore Power Vinyasa - Zee (Bahasa Indonesia)	8:30am Kundalini Yoga - Daphna 10:15am Creative Flow - Angela	8:30am Vinyasa Flow - Carlotta 9:30am Rocket Ashtanga - Zee (Bahasa Indonesia)
July 26	July 27	July 28	July 29	July 30		
8:30am Vinyasa Flow (Open Level) - Carlotta 4:00pm Yin & Myofascia - Tao	8:30am Kundalini Yoga - Daphna 8:30am Creative Flow - Angela 10:15am Vinyasa Flow - Zee	8:30am Vinyasa Flow (Lv1/2) - Carlotta 10:15am Embodied Movement - Izzy 4:00pm Yin & Myofascia - Tao 7:30pm 11th Step NA Meeting (CE)	8:30am Kundalini Yoga - Daphna 10:15am Vinyasa Flow Open Level - Carlotta	8:30am Vinyasa Flow (Lv2) - Carlotta 8:30am Explore Power Vinyasa - Zee (Bahasa Indonesia)		

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 pinterest.com/DesaSeni
 youtube.com/user/desaseni1

For up to date information on events, times, dates and details, go to: www.desaseni.com/events-3
 Our classes are open to the public, no need to pre book, come and bring a smile! For workshops and specialty offerings, please pre book! We provide all the yogo props.
 Classes without level specification are open to all. Our experienced teachers will offer variations for all levels of practice, including people beginning their yoga journey
 Sunrise Flow - Sunset Flow & Meditation: 60 Minutes & All other classes - 90 Minutes
 Level 2: A dynamic class suited for intermediate practitioners
 Level 2-3: A dynamic class suited for experienced practitioners
 (CE) Community Event: Donation basis, Everyone Welcome!
 All classes Rp. 140.000 per class, Kids Rp. 60.000 (10-17 Years old) per class. Rp. 100.000 for Indonesian Citizens - 6 class pass Rp.480,000 (Citizens Only)
 Rp. 1.200.000 for 12 class pass, Rp. 700.000 for 6 class pass.

If you are interested in a Private Yoga Class, Meditation or Pranayama please call: +62 81 139 9536 +62 361 - 8446392 / 8446393 / 8446394 Write to info@desaseni.com

