



Desa Seni, A Village Resort

May 2021 YOGA & HAPPENINGS

Desa Seni, A Village Resort
 Jl. Subak Sari # 13 Pantai Berawa, Canggu
 Tel. +62 81 139 9536 / +62 361 844 6393 / 844 6394
 info@desaseni.com - www.desaseni.com

Monday Apr 26	Tuesday Apr 27	Wednesday Apr 28	Thursday Apr 29	Friday Apr 30	Saturday May 1	Sunday May 2
8:30am Vinyasa Flow (Open Level) - Carlotta 4:00pm Yin Yoga - Dian	8:30am Kundalini Yoga - Daphna 8:30am Creative Flow - Angela 10:15am Yi Quan Qi Gong - Lucas	8:30am Vinyasa Flow (Lv1/2) - Carlotta 4:00pm Yin Yoga - Dian 7:30pm 11th Step NA Meeting (CE)	8:30am Yin Yang Yoga - Dian 8:30am Kundalini Yoga - Daphna 10:15am Gentle Flow - Carlotta	8:30am Vinyasa Flow - Carlotta 10:15am Yi Quan Qi Gong - Lucas 10:15am Explore Power Vinyasa - Zee (Bahasa Indonesia)	8:30am Kundalini Yoga - Daphna 10:15am Creative Flow - Angela	8:30am Vinyasa Flow - Carlotta 9:30am Rocket Ashtanga - Zee (Bahasa Indonesia)
May 3	May 4	May 5	May 6	May 7	May 8	May 9
8:30am Vinyasa Flow (Open Level) - Carlotta 4:00pm Yin Yoga - Dian	8:30am Kundalini Yoga - Daphna 8:30am Creative Flow - Angela 10:15am Yi Quan Qi Gong - Lucas	8:30am Vinyasa Flow (Lv1/2) - Carlotta 10:15am Embodied Yoga Dance Movement - Izzy 10:15am Tantra Yoga - Angela Special Class 4:00pm Yin Yoga - Dian 7:30pm 11th Step NA Meeting (CE)	8:30am Yin Yang Yoga - Dian 8:30am Kundalini Yoga - Daphna 10:15am Gentle Flow - Carlotta	8:30am Vinyasa Flow - Carlotta 10:15am Yi Quan Qi Gong - Lucas 10:15am Explore Power Vinyasa - Zee (Bahasa Indonesia)	8:30am Kundalini Yoga - Daphna 10:15am Creative Flow - Angela	8:30am Vinyasa Flow - Carlotta 9:30am Rocket Ashtanga - Zee (Bahasa Indonesia)
May 10	May 11	May 12	May 13	May 14	May 15	May 16
8:30am Vinyasa Flow (Open Level) - Carlotta 4:00pm Yin Yoga - Dian	8:30am Kundalini Yoga - Daphna 8:30am Creative Flow - Angela 10:15am Yi Quan Qi Gong - Lucas 10:15am Rising Flow - Carlotta Special Class	8:30am Vinyasa Flow (Lv1/2) - Carlotta 10:15am Embodied Yoga Dance Movement - Izzy 4:00pm Yin Yoga - Dian 7:30pm 11th Step NA Meeting (CE)	8:30am Yin Yang Yoga - Dian 8:30am Kundalini Yoga - Daphna 10:15am Gentle Flow - Carlotta	8:30am Vinyasa Flow - Carlotta 10:15am Yi Quan Qi Gong - Lucas 10:15am Explore Power Vinyasa - Zee (Bahasa Indonesia)	8:30am Kundalini Yoga - Daphna 10:15am Creative Flow - Angela	8:30am Vinyasa Flow - Carlotta 9:30am Rocket Ashtanga - Zee (Bahasa Indonesia)
May 17	May 18	May 19	May 20	May 21	May 22	May 23
8:30am Vinyasa Flow (Open Level) - Carlotta 4:00pm Yin Yoga - Dian	8:30am Kundalini Yoga - Daphna 8:30am Creative Flow - Angela 10:15am Yi Quan Qi Gong - Lucas	8:30am Vinyasa Flow (Lv1/2) - Carlotta 10:15am Embodied Yoga Dance Movement - Izzy 10:15am Tantra Yoga - Angela Special Class 4:00pm Yin Yoga - Tao 7:30pm 11th Step NA Meeting (CE)	8:30am Yin Yang Yoga - Tao 8:30am Kundalini Yoga - Daphna 10:15am Gentle Flow - Carlotta	8:30am Vinyasa Flow - Carlotta 10:15am Yi Quan Qi Gong - Lucas 10:15am Explore Power Vinyasa - Zee (Bahasa Indonesia)	8:30am Kundalini Yoga - Daphna 10:15am Creative Flow - Angela	8:30am Vinyasa Flow - Carlotta 9:30am Rocket Ashtanga - Zee (Bahasa Indonesia)
May 24	May 25	May 26	May 27	May 28	May 29	May 30
8:30am Vinyasa Flow (Open Level) - Carlotta 4:00pm Yin Yoga - Tao	8:30am Kundalini Yoga - Daphna 8:30am Creative Flow - Angela 10:15am Yi Quan Qi Gong - Lucas	8:30am Vinyasa Flow (Lv1/2) - Carlotta 10:15am Embodied Yoga Dance Movement - Izzy 4:00pm Yin Yoga - Tao 6:00pm Full Moon - Carlotta 7:30pm 11th Step NA Meeting (CE)	8:30am Yin Yang Yoga - Tao 8:30am Kundalini Yoga - Daphna 10:15am Gentle Flow - Carlotta	8:30am Vinyasa Flow - Carlotta 10:15am Yi Quan Qi Gong - Lucas 10:15am Explore Power Vinyasa - Zee (Bahasa Indonesia)	8:30am Kundalini Yoga - Daphna 10:15am Creative Flow - Angela	8:30am Vinyasa Flow - Carlotta 9:30am Rocket Ashtanga - Zee (Bahasa Indonesia)

- facebook.com/desaseni
- instagram.com/desaseni_avillageresort
- pinterest.com/DesaSeni
- youtube.com/user/desaseni1

For up to date information on events, times, dates and details, go to: www.desaseni.com/events-3
 Our classes are open to the public, no need to pre book, come and bring a smile! For workshops and specialty offerings, please pre book! We provide all the yoga props.
 Classes without level specification are open to all. Our experienced teachers will offer variations for all levels of practice, including people beginning their yoga journey
 Sunrise Flow - Sunset Flow & Meditation: 60 Minutes & All other classes - 90 Minutes
 Level 2: A dynamic class suited for intermediate practitioners
 Level 2-3: A dynamic class suited for experienced practitioners
 (CE) Community Event: Donation basis, Everyone Welcome!
 All classes Rp. 140.000 per class, Kids Rp. 60.000 (10-17 Years old) per class. Rp. 100.000 for Indonesian Citizens - 6 class pass Rp.480,000 (Citizens Only)
 Rp. 1.200.000 for 12 class pass, Rp. 700.000 for 6 class pass.

If you are interested in a Private Yoga Class, Meditation or Pranayama please call: +62 81 139 9536 +62 361 - 8446392 / 8446393 / 8446394 Write to info@desaseni.com

