



Desa Seni, A Village Resort

April 2021 YOGA & HAPPENINGS

Desa Seni, A Village Resort
 Jl. Subak Sari #13 Pantai Berawa, Canggu
 Tel. +62 81 139 9536 / +62 361 844 6393 / 844 6394
 info@desaseni.com - www.desaseni.com

Monday Mar 29	Tuesday Mar 30	Wednesday Mar 31	Thursday Apr 1	Friday Apr 2	Saturday Apr 3	Sunday Apr 4
8:30am Vinyasa Flow (Open Level) - Carlotta 4:00pm Yin Yoga - Dian	8:30am Kundalini Yoga - Tom 8:30am Creative Flow - Angela 10:15am Yi Quan Qi Gong - Lucas	8:30am Vinyasa Flow (Lv1/2) - Carlotta 4:00pm Yin Yoga - Dian 7:30pm 11th Step NA Meeting (CE)	8:30am Yin Yang Yoga - Dian 8:30am Kundalini Yoga - Tom 10:15am Gentle Flow - Carlotta	8:30am Vinyasa Flow - Carlotta 10:15am Yi Quan Qi Gong - Lucas 10:15am Explore Power Vinyasa - Tao (Bahasa Indonesia)	8:30am Kundalini Yoga - Tom 8:30am Creative Flow - Angela	8:30am Vinyasa Flow - Carlotta 9:30am Creative Flow - Tao (Bahasa Indonesia)
Apr 5	Apr 6	Apr 7	Apr 8	Apr 9	Apr 10	Apr 11
8:30am Vinyasa Flow (Open Level) - Carlotta 4:00pm Yin Yoga - Dian	8:30am Kundalini Yoga - Daphna 8:30am Creative Flow - Angela 10:15am Yi Quan Qi Gong - Lucas	8:30am Vinyasa Flow (Lv1/2) - Carlotta 10:15am Tantra Yoga - Angela Special Class 4:00pm Yin Yoga - Dian 7:30pm 11th Step NA Meeting (CE)	8:30am Yin Yang Yoga - Dian 8:30am Kundalini Yoga - Daphna 10:15am Gentle Flow - Carlotta	8:30am Vinyasa Flow - Carlotta 10:15am Yi Quan Qi Gong - Lucas 10:15am Explore Power Vinyasa - Zee (Bahasa Indonesia)	8:30am Kundalini Yoga - Daphna 8:30am Creative Flow - Angela 10:15am Yi Quan - External Martial Arts - Lucas (CE)	8:30am Vinyasa Flow - Carlotta 9:30am Rocket Ashtanga - Zee (Bahasa Indonesia)
Apr 12	Apr 13	Apr 14	Apr 15	Apr 16	Apr 17	Apr 18
8:30am Vinyasa Flow (Open Level) - Carlotta 10:15am Explore Power Vinyasa - Zee (Bahasa Indonesia) (CE) 4:00pm Yin Yoga - Dian	8:30am Kundalini Yoga - Daphna 8:30am Creative Flow - Angela 10:15am Yi Quan Qi Gong - Lucas 10:15am Rising Flow - Carlotta Special Class	8:30am Vinyasa Flow (Lv1/2) - Carlotta 4:00pm Yin Yoga - Dian 7:30pm 11th Step NA Meeting (CE)	8:30am Yin Yang Yoga - Dian 8:30am Kundalini Yoga - Daphna 10:15am Gentle Flow - Carlotta	8:30am Vinyasa Flow - Carlotta 10:15am Yi Quan Qi Gong - Lucas 10:15am Explore Power Vinyasa - Zee (Bahasa Indonesia)	8:30am Kundalini Yoga - Daphna 8:30am Creative Flow - Angela	8:30am Vinyasa Flow - Carlotta 9:30am Rocket Ashtanga - Zee (Bahasa Indonesia)
Apr 19	Apr 20	Apr 21	Apr 22	Apr 23	Apr 24	Apr 25
8:30am Vinyasa Flow (Open Level) - Carlotta 4:00pm Yin Yoga - Dian	8:30am Kundalini Yoga - Daphna 8:30am Creative Flow - Angela 10:15am Yi Quan Qi Gong - Lucas	8:30am Vinyasa Flow (Lv1/2) - Carlotta 10:15am Tantra Yoga - Angela Special Class 4:00pm Yin Yoga - Dian 7:30pm 11th Step NA Meeting (CE)	8:30am Yin Yang Yoga - Dian 8:30am Kundalini Yoga - Daphna 10:15am Gentle Flow - Carlotta	8:30am Vinyasa Flow - Carlotta 10:15am Yi Quan Qi Gong - Lucas 10:15am Explore Power Vinyasa - Zee (Bahasa Indonesia)	8:30am Kundalini Yoga - Daphna 8:30am Creative Flow - Angela	8:30am Vinyasa Flow - Carlotta 9:30am Rocket Ashtanga - Zee (Bahasa Indonesia)
Apr 26	Apr 27	Apr 28	Apr 29	Apr 30	May 1	May 2
8:30am Vinyasa Flow (Open Level) - Carlotta 4:00pm Yin Yoga - Dian	8:30am Kundalini Yoga - Daphna 8:30am Creative Flow - Angela 10:15am Yi Quan Qi Gong - Lucas	8:30am Vinyasa Flow (Lv1/2) - Carlotta 4:00pm Yin Yoga - Dian 7:30pm 11th Step NA Meeting (CE)	8:30am Yin Yang Yoga - Dian 8:30am Kundalini Yoga - Daphna 10:15am Gentle Flow - Carlotta	8:30am Vinyasa Flow - Carlotta 10:15am Yi Quan Qi Gong - Lucas 10:15am Explore Power Vinyasa - Zee (Bahasa Indonesia)	8:30am Kundalini Yoga - Daphna 8:30am Creative Flow - Angela	8:30am Vinyasa Flow - Carlotta 9:30am Rocket Ashtanga - Zee (Bahasa Indonesia)



For up to date information on events, times, dates and details, go to: www.desaseni.com/events-3
 Our classes are open to the public, no need to pre book, come and bring a smile! For workshops and specialty offerings, please pre book! We provide all the yoga props.
 Classes without level specification are open to all. Our experienced teachers will offer variations for all levels of practice, including people beginning their yoga journey
 Sunrise Flow - Sunset Flow & Meditation: 60 Minutes & All other classes - 90 Minutes
 Level 2: A dynamic class suited for intermediate practitioners
 Level 2-3: A dynamic class suited for experienced practitioners
 (CE) Community Event: Donation basis, Everyone Welcome!
 All classes Rp. 140.000 per class, Kids Rp. 60.000 (10-17 Years old) per class. Rp. 100.000 for Indonesian Citizens - 6 class pass Rp.480.000 (Citizens Only)
 Rp. 1.200.000 for 12 class pass, Rp. 700.000 for 6 class pass.

If you are interested in a Private Yoga Class, Meditation or Pranayama please call: +62 81 139 9536 +62 361 - 8446392 / 8446393 / 8446394 Write to info@desaseni.com

