



Desa Seni, A Village Resort

January 2021 YOGA & HAPPENINGS

Desa Seni, A Village Resort
 Jl. Subak Sari #13 Pantai Berawa, Canggu
 Tel. +62 81 139 9536 / +62 361 844 6393 / 844 6394
 info@desaseni.com - www.desaseni.com

Monday Jan 11	Tuesday Jan 12	Wednesday Jan 13	Thursday Jan 14	Friday Jan 15	Saturday Jan 16	Sunday Jan 17
8:30am Vinyasa Flow (Open Level) - Carlotta 4:00pm Yin Yoga - Dian	8:30am Kundalini Yoga - Daphna 8:30am Creative Flow - Angela (DS Class Price) 10:15am Qi Gong - 21st Century - Lucas	8:30am Vinyasa Flow (Lv1/2) - Carlotta 4:00pm Yin Yoga - Dian 7:30pm 11th Step NA Meeting (CE)	8:30am Kundalini Yoga - Daphna 10:15am Gentle Flow - Carlotta 4:00pm Yin Yang Yoga - Dian	8:30am Vinyasa Flow - Carlotta 10:15am Qi Gong - 21st Century - Lucas	8:30am Kundalini Yoga - Daphna 8:30am Creative Flow - Angela (DS Class Price) 10:15am Yin Yang Yoga - Dian Pool Club & Restaurant Thursday to Sunday 10am to 5pm	8:30am Vinyasa Flow - Carlotta
Jan 18	Jan 19	Jan 20	Jan 21	Jan 22	Jan 23	Jan 24
8:30am Vinyasa Flow (Open Level) - Carlotta 4:00pm Yin Yoga - Dian	8:30am Kundalini Yoga - Daphna 8:30am Creative Flow - Angela (DS Class Price) 10:15am Rising Flow - Carlotta Special Class 10:15am Qi Gong - 21st Century - Lucas	8:30am Vinyasa Flow (Lv1/2) - Carlotta 4:00pm Yin Yoga - Dian 7:30pm 11th Step NA Meeting (CE)	8:30am Kundalini Yoga - Daphna 10:15am Gentle Flow - Carlotta 4:00pm Yin Yang Yoga - Dian	8:30am Vinyasa Flow - Carlotta 10:15am Qi Gong - 21st Century - Lucas	8:30am Kundalini Yoga - Daphna 8:30am Creative Flow - Angela (DS Class Price) 10:15am Yin Yang Yoga - Dian Pool Club & Restaurant Thursday to Sunday 10am to 5pm	8:30am Vinyasa Flow - Carlotta
Jan 25	Jan 26	Jan 27	Jan 28	Jan 29	Jan 30	Jan 31
8:30am Vinyasa Flow (Open Level) - Carlotta 4:00pm Yin Yoga - Dian	8:30am Kundalini Yoga - Daphna 8:30am Creative Flow - Angela (DS Class Price) 10:15am Qi Gong - 21st Century - Lucas	8:30am Vinyasa Flow (Lv1/2) - Carlotta 4:00pm Yin Yoga - Dian 7:30pm 11th Step NA Meeting (CE)	8:30am Kundalini Yoga - Daphna 10:15am Gentle Flow - Carlotta 4:00pm Yin Yang Yoga - Dian 6:00pm Full Moon - Carlotta (Women Only)	8:30am Vinyasa Flow - Carlotta 10:15am Qi Gong - 21st Century - Lucas	8:30am Kundalini Yoga - Daphna 8:30am Creative Flow - Angela (DS Class Price) 10:15am Yin Yang Yoga - Dian Pool Club & Restaurant Thursday to Sunday 10am to 5pm	8:30am Vinyasa Flow - Carlotta

- facebook.com/desaseni
- instagram.com/desaseni_avillageresort
- twitter.com/DesaSeni
- pinterest.com/DesaSeni
- youtube.com/user/desaseni1

For up to date information on events, times, dates and details, go to: www.desaseni.com/events-3

Our classes are open to the public, no need to pre book, come and bring a smile! For workshops and specialty offerings, please pre book! We provide all the yoga props. Classes without level specification are open to all. Our experienced teachers will offer variations for all levels of practice, including people beginning their yoga journey
 Sunrise Flow - Sunset Flow & Meditation: 60 Minutes & All other classes - 90 Minutes
 Level 2: A dynamic class suited for intermediate practitioners
 Level 2-3: A dynamic class suited for experienced practitioners
 (CE) Community Event: Donation basis, Everyone Welcome!
 All classes Rp. 140.000 per class, Kids Rp. 60.000 (10-17 Years old) per class. Rp. 100.000 for Indonesian Citizens
 Rp. 1.200.000 for 12 class pass, or Rp. 700.000 for 6 class pass.



If you are interested in a Private Yoga Class, Meditation or Pranayama please call: +62 81 139 9536 +62 361 - 8446392 / 8446393 / 8446394 Write to info@desaseni.com