



# Desa Seni, A Village Resort

## October 2020 YOGA & HAPPENINGS

Desa Seni, A Village Resort  
 Jl. Subak Sari #13 Pantai Berawa, Canggu  
 Tel +62 81 139 9536 / +62 361 844 6393 / 844 6394  
 info@desaseni.com - www.desaseni.com

Monday Sep 28	Tuesday Sep 29	Wednesday Sep 30	Thursday Oct 1	Friday Oct 2	Saturday Oct 3	Sunday Oct 4
8:30am Vinyasa FLOW Open Level - Carlotta 4:00pm Yin Yoga with Dian	8:30am Kundalini Yoga - Daphna 10:15am Rising Flow - Carlotta	8:30am Vinyasa Flow (Lv1/2) - Carlotta 4:00pm Yin Yoga with Dian 7:30pm 11th Step NA Meeting (CE)	8:30am Kundalini Yoga - Daphna 10:15am Gentle Flow - Carlotta	8:30am Vinyasa Flow - Carlotta 10:15am Qi Gong - 20th Century - Lucas (CE)	8:30am Yin Yang Yoga - Dian 10:00am Yogabuddies-Friendship & Befriending The Self Pool Club & Restaurant Thursday to Sunday 10am to 5pm	8:30am Vinyasa Flow - Carlotta
Oct 5	Oct 6	Oct 7	Oct 8	Oct 9	Oct 10	Oct 11
8:30am Vinyasa FLOW Open Level - Carlotta 4:00pm Yin Yoga with Dian	8:30am Kundalini Yoga - Daphna 10:15am Rising Flow - Carlotta	8:30am Vinyasa Flow (Lv1/2) - Carlotta 4:00pm Yin Yoga with Dian 7:30pm 11th Step NA Meeting (CE)	8:30am Kundalini Yoga - Daphna 10:15am Gentle Flow - Carlotta	8:30am Vinyasa Flow - Carlotta 10:15am Qi Gong - 20th Century - Lucas (CE)	8:30am Yin Yang Yoga - Dian Pool Club & Restaurant Thursday to Sunday 10am to 5pm	8:30am Vinyasa Flow - Carlotta
Oct 12	Oct 13	Oct 14	Oct 15	Oct 16	Oct 17	Oct 18
8:30am Vinyasa FLOW Open Level - Carlotta 4:00pm Yin Yoga with Dian	8:30am Kundalini Yoga - Daphna 10:15am Rising Flow - Carlotta	8:30am Vinyasa Flow (Lv1/2) - Carlotta 4:00pm Yin Yoga with Dian 7:30pm 11th Step NA Meeting (CE)	8:30am Yin Yang Yoga - Dian 10:15am Gentle Flow - Carlotta	8:30am Vinyasa Flow - Carlotta 10:15am Qi Gong - 20th Century - Lucas (CE) Brahma: Time For Creativity Retreat - Carlotta	8:30am Yin Yang Yoga - Dian Brahma: Time For Creativity Retreat - Carlotta Pool Club & Restaurant Thursday to Sunday 10am to 5pm	8:30am Vinyasa Flow - Carlotta Brahma: Time For Creativity Retreat - Carlotta
Oct 19	Oct 20	Oct 21	Oct 22	Oct 23	Oct 24	Oct 25
8:30am Vinyasa FLOW Open Level - Carlotta 4:00pm Yin Yoga with Dian	8:30am Kundalini Yoga - Daphna 10:15am Rising Flow - Carlotta	8:30am Vinyasa Flow (Lv1/2) - Carlotta 4:00pm Yin Yoga with Dian 7:30pm 11th Step NA Meeting (CE)	8:30am Kundalini Yoga - Daphna 10:15am Gentle Flow - Carlotta	8:30am Vinyasa Flow - Carlotta 10:15am Qi Gong - 20th Century - Lucas (CE)	8:30am Yin Yang Yoga - Dian Pool Club & Restaurant Thursday to Sunday 10am to 5pm	8:30am Vinyasa Flow - Carlotta
Oct 26	Oct 27	Oct 28	Oct 29	Oct 30	Oct 31	Nov 1
8:30am Vinyasa FLOW Open Level - Carlotta 4:00pm Yin Yoga with Dian	8:30am Kundalini Yoga - Daphna 10:15am Rising Flow - Carlotta	8:30am Vinyasa Flow (Lv1/2) - Carlotta 4:00pm Yin Yoga with Dian 7:30pm 11th Step NA Meeting (CE)	8:30am Kundalini Yoga - Daphna 10:15am Gentle Flow - Carlotta	8:30am Vinyasa Flow - Carlotta 10:15am Qi Gong - 20th Century - Lucas (CE)	8:30am Yin Yang Yoga - Dian Pool Club & Restaurant Thursday to Sunday 10am to 5pm	8:30am Vinyasa Flow - Carlotta

- facebook.com/desaseni
- instagram.com/desaseni\_avillageresort
- twitter.com/DesaSeni
- pinterest.com/DesaSeni
- youtube.com/user/desaseni1

For up to date information on events, times, dates and details, go to: [www.desaseni.com/events-3](http://www.desaseni.com/events-3)

Our classes are open to the public, Pre book in person at front office. Come and bring a smile! We provide all the yogo props.  
 Classes are open to all Levels. Our experienced teachers will offer variations for all levels of practice, including people beginning their yoga journey  
 (CE) Community Event: Donation basis, Everyone Welcome!  
 All classes Rp. 140.000 per class, Kids Rp. 60.000 (10-17 Years old) per class. Rp. 100.000 for Indonesian Citizens  
 Rp. 1.200.000 for 12 class pass, or Rp. 700.000 for 6 class pass.

If you are interested in a Private Yoga Class, Meditation or Pranayama please call: +62 81 139 9536 +62 361 - 8446392 / 8446393 / 8446394 Write to [info@desaseni.com](mailto:info@desaseni.com)

