



Desa Seni, A Village Resort

July 2018 YOGA & HAPPENINGS

Desa Seni, A Village Resort
 Jl. Subak Sari # 13 Pantai Berawa, Canggu
 Tel. 844 6392 - 844 6394
 info@desaseni.com - www.desaseni.com

Monday July 2	Tuesday July 3	Wednesday July 4	Thursday July 5	Friday July 6	Saturday July 7	Sunday July 8
7:15am Sunrise Flow - Carlotta 8:30am Vinyasa Flow - Eka 10:15am Dynamic Flow - Bernd 4:00pm Yin Restorative - Eka 6:00pm Sunset Flow - Bernd 7:15pm Meditation - Bernd (CE)	7:15am Sunrise Flow - Charlotte 8:30am Vinyasa Flow - Carlotta (L2-L3) 10:15am Master Class - Bernd 6:00pm Sunset Flow - Charlotte 7:15pm Bali Usada Meditation	7:15am Sunrise Flow - Charlotte 8:30am Mindful Vinyasa - Charlotte 10:15am Vinyasa Flow - Bernd 4:00pm Yin Restorative - Eka 6:00pm Sunset Flow - Bernd 7:30pm 11th Step NA Meeting (CE)	7:15am Sunrise Flow - Carlotta 8:30am Vinyasa Flow Lab - Bernd (L2) 10:15am Master Class - Bernd 6:00pm Sunset Flow - Eka	8:30am Ashanga Creative Flow - Charlotte (L2) 10:15am Vinyasa Flow - Carlotta 4:00pm Yin Restorative - Eka 6:00pm Sunset Flow - Charlotte	7:15am Sunrise Flow - Bernd 8:30am Mindful Vinyasa - Charlotte 10:15am Vinyasa Flow - Bernd (L2) The Collective Teacher Training	8:30am Vinyasa Flow - Eka (L2) 10:15am Ashanga Creative Flow - Charlotte 2:00pm Balinese Dance for Children (CE) 4:00pm Sad Angga Yoga - Pak Nyoman (CE) The Collective Teacher Training
Monday July 9	Tuesday July 10	Wednesday July 11	Thursday July 12	Friday July 13	Saturday July 14	Sunday July 15
7:15am Sunrise Flow - Carlotta 8:30am Vinyasa Flow - Eka 10:15am Dynamic Flow - Bernd 4:00pm Yin Restorative - Eka 6:00pm Sunset Flow - Bernd The Collective Teacher Training	7:15am Sunrise Flow - Eka 8:30am Vinyasa Flow - Carlotta (L2-L3) 10:15am Master Class - Bernd 6:00pm Sunset Flow - Charlotte 7:15pm Bali Usada Meditation The Collective Teacher Training	7:15am Sunrise Flow - Charlotte 8:30am Mindful Vinyasa - Charlotte 10:15am Vinyasa Flow - Eka 4:00pm Yin Restorative - Eka 6:00pm Sunset Flow - Bernd 7:30pm 11th Step NA Meeting (CE) The Collective Teacher Training	7:15am Sunrise Flow - Carlotta 8:30am Vinyasa Flow Lab - Eka (L2) 10:15am Master Class - Bernd 6:00pm Sunset Flow - Eka The Collective Teacher Training	8:30am Ashanga Creative Flow - Eka (L2) 10:15am Vinyasa Flow - Eka 4:00pm Yin Restorative - Eka 6:00pm Sunset Flow - Charlotte The Collective Teacher Training	7:15am Sunrise Flow - Bernd 8:30am Mindful Vinyasa - Charlotte 10:15am Vinyasa Flow - Bernd (L2) The Collective Teacher Training	8:30am Vinyasa Flow - Eka (L2) 10:15am Ashanga Creative Flow - Charlotte 2:00pm Balinese Dance for Children (CE) 4:00pm Sad Angga Yoga - Pak Nyoman (CE) The Collective Teacher Training
Monday July 16	Tuesday July 17	Wednesday July 18	Thursday July 19	Friday July 20	Saturday July 21	Sunday July 22
7:15am Sunrise Flow - Carlotta 8:30am Vinyasa Flow - Eka 10:15am Dynamic Flow - Bernd 4:00pm Yin Restorative - Eka 6:00pm Sunset Flow - Bernd The Collective Teacher Training	7:15am Sunrise Flow - Charlotte 8:30am Vinyasa Flow - Carlotta (L2-L3) 10:15am Master Class - Bernd 6:00pm Sunset Flow - Eka 7:15pm Bali Usada Meditation The Collective Teacher Training	7:15am Sunrise Flow - Charlotte 8:30am Mindful Vinyasa - Charlotte 10:15am Vinyasa Flow - Bernd 4:00pm Yin Restorative - Eka 6:00pm Sunset Flow - Bernd 7:30pm 11th Step NA Meeting (CE) The Collective Teacher Training	7:15am Sunrise Flow - Carlotta 8:30am Vinyasa Flow Lab - Bernd (L2) 10:15am Master Class - Bernd 6:00pm Sunset Flow - Eka The Collective Teacher Training	8:30am Ashanga Creative Flow - Charlotte (L2) 10:15am Vinyasa Flow - Eka 4:00pm Yin Restorative - Eka 6:00pm Sunset Flow - Charlotte The Collective Teacher Training Moon Day	7:15am Sunrise Flow - Bernd 8:30am Mindful Vinyasa - Charlotte 10:15am Vinyasa Flow - Bernd (L2) The Collective Teacher Training	8:30am Vinyasa Flow - Eka (L2) 10:15am Ashanga Creative Flow - Charlotte 2:00pm Balinese Dance for Children (CE) 4:00pm Sad Angga Yoga - Pak Nyoman (CE) The Collective Teacher Training
Monday July 23	Tuesday July 24	Wednesday July 25	Thursday July 26	Friday July 27	Saturday July 28	Sunday July 29
7:15am Sunrise Flow - Carlotta 8:30am Vinyasa Flow - Eka 10:15am Dynamic Flow - Bernd 4:00pm Yin Restorative - Eka 6:00pm Sunset Flow - Bernd The Collective Teacher Training	7:15am Sunrise Flow - Eka 8:30am Vinyasa Flow - Eka (L2-L3) 10:15am Master Class - Bernd 6:00pm Sunset Flow - Charlotte 7:15pm Bali Usada Meditation The Collective Teacher Training	7:15am Sunrise Flow - Charlotte 8:30am Mindful Vinyasa - Charlotte 10:15am Vinyasa Flow - Bernd 4:00pm Yin Restorative - Eka 6:00pm Sunset Flow - Eka 7:30pm 11th Step NA Meeting (CE) The Collective Teacher Training	7:15am Sunrise Flow - Carlotta 8:30am Vinyasa Flow Lab - Bernd (L2) 10:15am Master Class - Bernd 6:00pm Sunset Flow - Eka The Collective Teacher Training	8:30am Ashanga Creative Flow - Charlotte (L2) 10:15am Vinyasa Flow - Eka 4:00pm Yin Restorative - Eka 6:00pm Sunset Flow - Charlotte The Collective Teacher Training	7:15am Sunrise Flow - Bernd 8:30am Mindful Vinyasa - Charlotte 10:15am Vinyasa Flow - Bernd (L2) The Collective Teacher Training	8:30am Vinyasa Flow - Eka (L2) 10:15am Ashanga Creative Flow - Charlotte 2:00pm Balinese Dance for Children (CE) 4:00pm Sad Angga Yoga - Pak Nyoman (CE) The Collective Teacher Training
Monday July 30	Tuesday July 31	Wednesday Aug 1	Thursday Aug 2	Friday Aug 3	Saturday Aug 4	Sunday July 1 - Aug 5
7:15am Sunrise Flow - Carlotta 8:30am Vinyasa Flow - Eka 10:15am Dynamic Flow - Eka 4:00pm Yin Restorative - Eka 6:00pm Sunset Flow - Bernd The Collective Teacher Training International Friendship Day	7:15am Sunrise Flow - Charlotte 8:30am Vinyasa Flow - Carlotta (L2-L3) 10:15am Master Class - Eka 6:00pm Sunset Flow - Eka 7:15pm Bali Usada Meditation The Collective Teacher Training	7:15am Sunrise Flow - Charlotte 8:30am Mindful Vinyasa - Charlotte 10:15am Vinyasa Flow - Charlotte 4:00pm Yin Restorative - Charlotte 6:00pm Sunset Flow - Bernd 7:30pm 11th Step NA Meeting (CE) The Collective Teacher Training	7:15am Sunrise Flow - Carlotta 8:30am Vinyasa Flow Lab - Bernd (L2) 10:15am Master Class - Charlotte 6:00pm Sunset Flow - Charlotte The Collective Teacher Training	8:30am Ashanga Creative Flow - Charlotte (L2) 10:15am Vinyasa Flow - Charlotte 4:00pm Yin Restorative - Carlotta 6:00pm Sunset Flow - Charlotte The Collective Teacher Training	7:15am Sunrise Flow - Bernd 8:30am Mindful Vinyasa - Charlotte 10:15am Vinyasa Flow - Bernd (L2) The Collective Teacher Training	8:30am Vinyasa Flow - Carlotta (L2) 10:15am Ashanga Creative Flow - Charlotte 2:00pm Balinese Dance for Children (CE) 4:00pm Sad Angga Yoga - Pak Nyoman (CE)

www.facebook.com/desaseni
 instagram.com/desaseni/
 twitter.com/DesaSeni
 pinterest.com/DesaSeni
 youtube.com/user/desaseni1

For up to date information on events, times, dates and details, go to: www.desaseni.com/events-3
 Classes without level specification are open to all. Our experienced teachers will offer variations for all levels of practice, including people beginning their yoga journey
 Level 2: A dynamic class suited for intermediate practitioners
 Level 2-3: A dynamic class suited for experienced practitioners
 (CE) Community Event: Donation basis, Everyone Welcome!
 Master Class: Over the course of two hours, we will go deeper than possible in a regular class. Exploring aspects of posture, philosophy, the higher limbs of yoga. This class offers an opportunity to greatly enrich both one's practice and life.
 Alignment & Adjustments: Open to all levels, Alignment and Adjustments is especially beneficial for those who are interested in discovering a way to practice that is in harmony with the biomechanics of the body.
 All classes Rp. 140.000 per class, Kids Rp. 60.000 (10-17 Years old) per class. Rp. 100.000 for Indonesian Citizens
 Rp. 1.200.000 for 12 class pass, or Rp. 700.000 for 6 class pass.

If you are interested in a Private Yoga Class, please call: 0361-8446392 or 0361-8446394 write to info@desaseni.com

