



# Desa Seni, A Village Resort

## November 2017 YOGA & HAPPENINGS

Desa Seni, A Village Resort  
 Jl. Subak Sari # 13 Pantai Berawa, Canggu  
 Tel. 844 6392 - 844 6394  
 info@desaseni.com - www.desaseni.com

Monday Oct 23	Tuesday Oct 24	Wednesday Oct 25	Thursday Oct 26	Friday Oct 27	Saturday Oct 28	Sunday Oct 29
7:15am Sunrise Vinyasa - Kevin Yee - Chan 8:30am Ashtanga Creative Flow - Angela (L2) 10:15am Bhakti Flow - Kevin Yee - Chan 4:00pm Yin Restorative - Eka 6:00pm Sunset Flow - Bernd	7:15am Sunrise Flow - Eka 8:30am Kundalini Yoga - Daphna 10:15am Hatha Yoga - Eka 4:00pm Hatha Beginners Yoga - Eka 6:00pm Sunset Flow - Eka 7:15pm Bali Usada Meditation	7:15am Sunrise Flow - Bernd 8:30am Dynamic Hatha - Carlotta 10:15am Vinyasa Flow - Bernd 4:00pm FlyHighYoga* - Jessica 6:00pm Sunset Flow - Eka 7:30pm 11th Step NA Meeting (CE)	7:15am Sunrise Flow - Eka 8:30am Kundalini Yoga - Daphna 10:15am Vinyasa Flow Lab - Eka (L2) 4:00pm Bhakti Yin - Kevin Yee - Chan 6:00pm Sunset Flow - Eka	7:15am Sunrise Vinyasa - Kevin Yee - Chan 8:30am Ashtanga Creative Flow - Angela (L2-L3) 10:15am Vinyasa Flow - Carlotta 4:00pm Yin Restorative - Carlotta 6:00pm Sunset Flow - Eka	7:15am Sunrise Flow - Bernd 8:30am Kundalini Yoga - Daphna 10:15am Vinyasa Flow - Bernd (L2) 4:00pm Chakra Dance Summer Series - Daphna 6:00pm Fly High Yoga - Jessica	7:15am Sunrise Hatha Yoga Beginners - Eka 8:30am Vinyasa Yoga - Carlotta (L2) 10:15am Hatha Yoga - Angela 2:00pm Balinese Dance for Children (CE) 4:00pm Sad Angga Yoga - Pak Nyoman (CE)
Oct 30	Oct 31	Nov 1	Nov 2	Nov 3	Nov 4	Nov 5
7:15am Sunrise Vinyasa - Kevin Yee - Chan 8:30am Ashtanga Creative Flow - Angela (L2) 10:15am Bhakti Flow - Kevin Yee - Chan 4:00pm Yin Restorative - Angela 6:00pm Sunset Flow - Bernd	7:15am Sunrise Hatha - Bernd 8:30am Kundalini Yoga - Daphna 10:15am Hatha Yoga - Angela 4:00pm Hatha Beginners Yoga - Carlotta 6:00pm Sunset Flow - Bernd 7:15pm Bali Usada Meditation	7:15am Sunrise Hatha - Bernd 8:30am Dynamic Hatha - Carlotta 10:15am Vinyasa Flow - Bernd 4:00pm FlyHighYoga* - Angela 6:00pm Sunset Flow - Kevin Yee - Chan 7:30pm 11th Step NA Meeting (CE) Galungan Balinese Celebrating	7:15am Sunrise Hatha - Carlotta 8:30am Kundalini Yoga - Savitri 10:15am Vinyasa Flow Lab - Bernd (L2) 4:00pm Bhakti Yin - Kevin Yee - Chan 6:00pm Sunset Flow - Carlotta	7:15am Sunrise Vinyasa - Kevin Yee - Chan 8:30am Ashtanga Creative Flow - Angela (L2-L3) 10:15am Vinyasa Flow - Carlotta 4:00pm Yin Restorative - Carlotta	7:15am Sunrise Hatha - Bernd 8:30am Kundalini Yoga - Savitri 10:15am Vinyasa Flow - Bernd (L2) 4:00pm Tantric Goddess Within Summer Series - Angela 6:00pm Fly High Yoga - Angela	7:15am Sunrise Hatha Yoga Beginners - Carlotta 8:30am Vinyasa Yoga - Carlotta (L2) 10:15am Hatha Yoga - Angela 2:00pm Balinese Dance for Children (CE) 4:00pm Sad Angga Yoga - Pak Nyoman (CE)
Nov 6	Nov 7	Nov 8	Nov 9	Nov 10	Nov 11	Nov 12
7:15am Sunrise Vinyasa - Kevin Yee - Chan 8:30am Ashtanga Creative Flow - Angela (L2) 10:15am Bhakti Flow - Kevin Yee - Chan 4:00pm Yin Restorative - Angela 6:00pm Sunset Flow - Bernd 7:15pm Loving Kindness Meditation Meitai Bhavana - Bernd (CE)	7:15am Sunrise Hatha - Bernd 8:30am Kundalini Yoga - Savitri 10:15am Hatha Yoga - Angela 4:00pm Hatha Beginners Yoga - Carlotta 6:00pm Sunset Flow - Bernd 7:15pm Bali Usada Meditation	7:15am Sunrise Hatha - Bernd 8:30am Dynamic Hatha - Carlotta 10:15am Vinyasa Flow - Bernd 4:00pm FlyHighYoga* - Angela 6:00pm Sunset Flow - Kevin Yee - Chan 7:30pm 11th Step NA Meeting (CE) 8:00am Vibrate The Cosmos - Daphna	7:15am Sunrise Hatha - Carlotta 8:30am Tantric Breath - Angela 10:15am Vinyasa Flow Lab - Bernd (L2) 4:00pm Bhakti Yin - Kevin Yee - Chan 6:00pm Sunset Flow - Carlotta 8:00am Vibrate The Cosmos - Daphna	7:15am Sunrise Vinyasa - Priitha 8:30am Ashtanga Creative Flow - Angela (L2-L3) 10:15am Vinyasa Flow - Carlotta 4:00pm Yin Restorative - Carlotta 8:00am Vibrate The Cosmos - Daphna	7:15am Sunrise Hatha - Bernd 8:30am Vinyasa Flow - Jessica 10:15am Vinyasa Flow - Bernd (L2) 4:00pm Tantric Goddess Within Summer Series - Angela 6:00pm Fly High Yoga - Jessica Kuningan Balinese Celebrating	7:15am Sunrise Hatha Yoga Beginners - Carlotta 8:30am Vinyasa Yoga - Carlotta (L2) 10:15am Hatha Yoga - Angela 2:00pm Balinese Dance for Children (CE) 4:00pm Sad Angga Yoga - Pak Nyoman (CE)
Nov 13	Nov 14	Nov 15	Nov 16	Nov 17	Nov 18	Nov 19
7:15am Sunrise Vinyasa - Priitha 8:30am Ashtanga Creative Flow - Angela (L2) 10:15am Bhakti Flow - Kevin Yee - Chan 4:00pm Yin Restorative - Angela 6:00pm Sunset Flow - Priitha	7:15am Sunrise Hatha - Priitha 8:30am Kundalini Yoga - Savitri 10:15am Hatha Yoga - Angela 4:00pm Hatha Beginners Yoga - Carlotta 6:00pm Sunset Flow - Carlotta 7:15pm Bali Usada Meditation	7:15am Sunrise Hatha - Carlotta 8:30am Dynamic Hatha - Carlotta 10:15am Vinyasa Flow - Priitha 4:00pm FlyHighYoga* - Angela 6:00pm Sunset Flow - Kevin Yee - Chan 7:30pm 11th Step NA Meeting (CE) 8:00am Energetic Alignment - Kevin Yee - Chan	7:15am Sunrise Hatha - Carlotta 8:30am Kundalini Yoga - Savitri 10:15am Vinyasa Flow Lab - Carlotta (L2) 4:00pm Bhakti Yin - Kevin Yee - Chan 6:00pm Sunset Flow - Carlotta 8:00am Energetic Alignment - Kevin Yee - Chan	7:15am Sunrise Vinyasa - Priitha 8:30am Ashtanga Creative Flow - Angela (L2-L3) 10:15am Vinyasa Flow - Carlotta 4:00pm Yin Restorative - Carlotta	7:15am Sunrise Hatha - Jessica 8:30am Kundalini Yoga - Savitri 10:15am Vinyasa Flow - Angela (L2) 4:00pm Tantric Goddess Within Summer Series - Angela 6:00pm Fly High Yoga - Jessica	7:15am Sunrise Hatha Yoga Beginners - Carlotta 8:30am Vinyasa Yoga - Carlotta (L2) 10:15am Hatha Yoga - Angela 2:00pm Balinese Dance for Children (CE) 4:00pm Sad Angga Yoga - Pak Nyoman (CE)
Nov 20	Nov 21	Nov 22	Nov 23	Nov 24	Nov 25	Nov 26
7:15am Sunrise Vinyasa - Priitha 8:30am Ashtanga Creative Flow - Angela (L2) 10:15am Bhakti Flow - Kevin Yee - Chan 4:00pm Yin Restorative - Angela 6:00pm Sunset Flow - Priitha	7:15am Sunrise Hatha - Priitha 8:30am Kundalini Yoga - Savitri 10:15am Hatha Yoga - Angela 4:00pm Hatha Beginners Yoga - Carlotta 6:00pm Sunset Flow - Carlotta 7:15pm Bali Usada Meditation	7:15am Sunrise Hatha - Bernd 8:30am Dynamic Hatha - Carlotta 10:15am Vinyasa Flow - Bernd 4:00pm FlyHighYoga* - Angela 6:00pm Sunset Flow - Kevin Yee - Chan 7:30pm 11th Step NA Meeting (CE)	7:15am Sunrise Hatha - Carlotta 8:30am Kundalini Yoga - Savitri 10:15am Vinyasa Flow Lab - Bernd (L2) 4:00pm Bhakti Yin - Kevin Yee - Chan 6:00pm Sunset Flow - Carlotta	7:15am Sunrise Vinyasa - Priitha 8:30am Ashtanga Creative Flow - Angela (L2-L3) 10:15am Vinyasa Flow - Carlotta 4:00pm Yin Restorative - Carlotta	7:15am Sunrise Hatha - Bernd 8:30am Kundalini Yoga - Savitri 10:15am Vinyasa Flow - Bernd (L2) 4:00pm Tantric Goddess Within Summer Series - Angela 6:00pm Fly High Yoga - Jessica	7:15am Sunrise Hatha Yoga Beginners - Carlotta 8:30am Vinyasa Yoga - Carlotta (L2) 10:15am Hatha Yoga - Angela 2:00pm Balinese Dance for Children (CE) 4:00pm Sad Angga Yoga - Pak Nyoman (CE)

www.facebook.com/desaseni 
 instagram.com/desaseni/ 
 twitter.com/DesaSeni 
 pinterest.com/DesaSeni 
 youtube.com/user/desaseni1

For up to date information on events, times, dates and details, go to: [www.desaseni.com/events-3](http://www.desaseni.com/events-3)

Classes without level specification are open to all. Our experienced teachers will offer variations for all levels of practice.

Hatha Yoga Beginner: This class is for people beginning their yoga journey

Level 2: A dynamic class suited for intermediate practitioners

Level 2-3: A dynamic class suited for experienced practitioners

(CE) Community Event: Donation basis, Everyone Welcome!

\*FlyHighYoga is limited to 20 students per class, Please register in advance to secure your spot

All classes Rp. 140.000 per class, Kids Rp. 60.000 (10-17 Years old) per class. Rp. 100.000 for Indonesian Citizens

Rp. 1.200.000 for 12 class pass, or Rp. 700.000 for 6 class pass.

**If you are interested in a Private Yoga Class, please call: 0361 - 8446392 or 0361 - 8446394 write to info@desaseni.com**

