



# Desa Seni, A Village Resort

## August 2017 YOGA & HAPPENINGS

Desa Seni, A Village Resort  
 Jl. Subak Sari # 13 Pantai Berawa, Canggu  
 Tel. 844 6392 - 844 6394  
 info@desaseni.com - www.desaseni.com

Monday July 31	Tuesday Aug 1	Wednesday Aug 2	Thursday Aug 3	Friday Aug 4	Saturday Aug 5	Sunday Aug 6
7:15am Sunrise Vinyasa - Pritha 8:30am Ashtanga Creative Flow - Angela (L2) 10:15am Bhakti Flow - Kevin Yee - Chan 4:00pm Yin Restorative - Angela 6:00pm Sunset Flow - Bernd	7:15am Sunrise Hatha - Diaz 8:30am Kundalini Yoga - Daphna 10:15am Hatha Yoga - Angela 4:00pm Hatha Beginners Yoga - Diaz 6:00pm Sunset Flow - Bernd 7:15pm Bali Usada Meditation	5:00am Sadhana - Daphna (CE) 7:15am Sunrise Hatha - Bernd 8:30am Dynamic Hatha - Pritha 10:15am Vinyasa Flow - Bernd 10:15am Elemental Dance - Kevin Yee - Chan 4:00pm FlyHighYoga* - Angela 6:00pm Sunset Flow - Diaz 7:30pm 11th Step NA Meeting (CE)	7:15am Sunrise Hatha - Kevin Yee - Chan 8:30am Kundalini Yoga - Daphna 10:15am Vinyasa Flow Lab - Bernd (L2) 4:00pm Bhakti Yin - Kevin Yee - Chan 6:00pm FlyHighYoga* - Bernd Happy Birthday David Swenson	7:15am Sunrise Vinyasa - Pritha 8:30am Ashtanga Creative Flow - Angela (L2 - L3) 10:15am Vinyasa Flow - Bernd 4:00pm Yin Restorative - Daphna 6:00pm Sunset Flow - Diaz 7:15pm Kirtan Commune - Kevin Yee - Chan	7:15am Sunrise Vinyasa - Bernd 8:30am Kundalini Yoga - Daphna 10:15am Vinyasa Flow - Bernd (L2) 4:00pm Funky Asanas Summer Series - Diaz 6:00pm Sunset Flow - Jessica	7:15am Sunrise Hatha Yoga Beginners - Diaz 8:30am Vinyasa Yoga - Angela (L2) 10:15am Hatha Yoga - Angela 2:00pm Balinese Dance for Children (CE) 4:00pm Sad Angga Yoga - Pak Nyoman (CE)
Aug 7	Aug 8	Aug 9	Aug 10	Aug 11	Aug 12	Aug 13
7:15am Sunrise Vinyasa - Pritha 8:30am Ashtanga Creative Flow - Angela (L2) 10:15am Bhakti Flow - Kevin Yee - Chan 4:00pm Yin Restorative - Angela 6:00pm Sunset Flow - Bernd 7:15pm Meditation: Entering The Practice - Bernd (CE)	7:15am Sunrise Hatha - Diaz 8:30am Kundalini Yoga - Daphna 10:15am Hatha Yoga - Angela 4:00pm Hatha Beginners Yoga - Diaz 6:00pm Sunset Flow - Bernd 7:15pm Bali Usada Meditation 7:30pm Fullmoon Om - Chanting	7:15am Sunrise Hatha - Bernd 8:30am Dynamic Hatha - Pritha 10:15am Vinyasa Flow - Bernd 10:15am Elemental Dance - Kevin Yee - Chan 4:00pm FlyHighYoga* - Angela 6:00pm Sunset Flow - Diaz 7:30pm 11th Step NA Meeting (CE)	7:15am Sunrise Hatha - Kevin Yee - Chan 8:30am Kundalini Yoga - Daphna 10:15am Vinyasa Flow Lab - Bernd (L2) 4:00pm Bhakti Yin - Kevin Yee - Chan 6:00pm Sunset Flow - Bernd	7:15am Sunrise Vinyasa - Pritha 8:30am Ashtanga Creative Flow - Angela (L2 - L3) 10:15am Vinyasa Flow - Angela 4:00pm Yin Restorative - Daphna 6:00pm Sunset Flow - Diaz	7:15am Sunrise Vinyasa - Bernd 8:30am Kundalini Yoga - Daphna 10:15am Vinyasa Flow - Bernd (L2) 4:00pm Funky Asanas Summer Series - Diaz 6:00pm Sunset Flow - Jessica	7:15am Sunrise Hatha Yoga Beginners - Diaz 8:30am Vinyasa Yoga - Angela (L2) 10:15am Hatha Yoga - Angela 2:00pm Balinese Dance for Children (CE) 4:00pm Sad Angga Yoga - Pak Nyoman (CE)
Aug 14	Aug 15	Aug 16	Aug 17	Aug 18	Aug 19	Aug 20
7:15am Sunrise Vinyasa - Pritha 8:30am Ashtanga Creative Flow - Angela (L2) 10:15am Bhakti Flow - Kevin Yee - Chan 4:00pm Yin Restorative - Bernd 6:00pm Sunset Flow - Bernd	7:15am Sunrise Hatha - Diaz 8:30am Kundalini Yoga - Daphna 10:15am Hatha Yoga - Angela 4:00pm Hatha Beginners Yoga - Diaz 6:00pm Sunset Flow - Bernd 7:15pm Bali Usada Meditation	7:15am Sunrise Hatha - Bernd 8:30am Dynamic Hatha - Pritha 10:15am Vinyasa Flow - Bernd 10:15am Elemental Dance - Kevin Yee - Chan 4:00pm FlyHighYoga* - Jessica 6:00pm Sunset Flow - Diaz 7:30pm 11th Step NA Meeting (CE)	7:15am Sunrise Hatha - Kevin Yee - Chan 8:30am Kundalini Yoga - Daphna 10:15am Vinyasa Flow Lab - Bernd (L2) 4:00pm Bhakti Yin - Kevin Yee - Chan 6:00pm Sunset Flow - Bernd	7:15am Sunrise Vinyasa - Pritha 8:30am Ashtanga Creative Flow - Angela (L2 - L3) 10:15am Vinyasa Flow - Angela 4:00pm Yin Restorative - Daphna 6:00pm Sunset Flow - Diaz	7:15am Sunrise Vinyasa - Bernd 8:30am Kundalini Yoga - Daphna 10:15am Vinyasa Flow - Bernd (L2) 4:00pm Funky Asanas Summer Series - Diaz 6:00pm Sunset Flow - Jessica	7:15am Sunrise Hatha Yoga Beginners - Diaz 8:30am Vinyasa Yoga - Angela (L2) 10:15am Hatha Yoga - Angela 2:00pm Balinese Dance for Children (CE) 4:00pm Sad Angga Yoga - Pak Nyoman (CE)
Aug 21	Aug 22	Aug 23	Aug 24	Aug 25	Aug 26	Aug 27
7:15am Sunrise Vinyasa - Pritha 8:30am Ashtanga Creative Flow - Angela (L2) 10:15am Bhakti Flow - Kevin Yee - Chan 4:00pm Yin Restorative - Angela 6:00pm Sunset Flow - Bernd	7:15am Sunrise Hatha - Diaz 8:30am Kundalini Yoga - Daphna 10:15am Hatha Yoga - Angela 4:00pm Hatha Beginners Yoga - Diaz 6:00pm Sunset Flow - Bernd 7:15pm Bali Usada Meditation	7:15am Sunrise Hatha - Bernd 8:30am Dynamic Hatha - Pritha 10:15am Vinyasa Flow - Bernd 10:15am Elemental Dance - Kevin Yee - Chan 4:00pm FlyHighYoga* - Angela 6:00pm Sunset Flow - Diaz 7:30pm 11th Step NA Meeting (CE)	7:15am Sunrise Hatha - Kevin Yee - Chan 8:30am Kundalini Yoga - Daphna 10:15am Vinyasa Flow Lab - Bernd (L2) 4:00pm Bhakti Yin - Kevin Yee - Chan 6:00pm Sunset Flow - Bernd	7:15am Sunrise Vinyasa - Pritha 8:30am Ashtanga Creative Flow - Angela (L2 - L3) 10:15am Vinyasa Flow - Angela 12:00pm Community Class - Yoga Nidra 4:00pm Yin Restorative - Daphna 6:00pm Sunset Flow - Diaz	7:15am Sunrise Vinyasa - Bernd 8:30am Kundalini Yoga - Daphna 10:15am Vinyasa Flow - Bernd (L2) 4:00pm Funky Asanas Summer Series - Diaz 6:00pm Sunset Flow - Jessica Happy Birthday Yogi Bhajan	7:15am Sunrise Hatha Yoga Beginners - Diaz 8:30am Vinyasa Yoga - Angela (L2) 10:15am Hatha Yoga - Angela 2:00pm Balinese Dance for Children (CE) 4:00pm Sad Angga Yoga - Pak Nyoman (CE)
Aug 28	Aug 29	Aug 30	Aug 31	Sept 1	Sept 2	Sept 3
7:15am Sunrise Vinyasa - Kevin Yee - Chan 8:30am Ashtanga Creative Flow - Angela (L2) 10:15am Bhakti Flow - Kevin Yee - Chan 4:00pm Yin Restorative - Angela 6:00pm Sunset Flow - Bernd	7:15am Sunrise Hatha - Diaz 8:30am Kundalini Yoga - Daphna 10:15am Hatha Yoga - Angela 4:00pm Hatha Beginners Yoga - Diaz 6:00pm Sunset Flow - Bernd 7:15pm Bali Usada Meditation	7:15am Sunrise Hatha - Bernd 8:30am Dynamic Hatha - Angela 10:15am Vinyasa Flow - Bernd 10:15am Elemental Dance - Kevin Yee - Chan 4:00pm FlyHighYoga* - Angela 6:00pm Sunset Flow - Diaz 7:30pm 11th Step NA Meeting (CE)	7:15am Sunrise Hatha - Kevin Yee - Chan 8:30am Kundalini Yoga - Daphna 10:15am Vinyasa Flow Lab - Bernd (L2) 4:00pm Bhakti Yin - Kevin Yee - Chan 6:00pm Sunset Flow - Bernd	7:15am Sunrise Vinyasa - Pritha 8:30am Ashtanga Creative Flow - Angela (L2 - L3) 10:15am Vinyasa Flow - Carlotta 4:00pm Yin Restorative - Carlotta 6:00pm Sunset Flow - Diaz 4:00pm The Lunar Woman (Women Only) - Daphna	7:15am Sunrise Vinyasa - Bernd 8:30am Tantric Breath - Angela 10:15am Vinyasa Flow - Bernd (L2) 4:00pm Discovering The Rainbow Bridge Summer Series - Carlotta 6:00pm Sunset Flow - Jessica 9:30am The Lunar Woman (Women Only) - Daphna	7:15am Sunrise Hatha Yoga Beginners - Carlotta 8:30am Vinyasa Yoga - Carlotta (L2) 10:15am Hatha Yoga - Angela 2:00pm Balinese Dance for Children (CE) 4:00pm Sad Angga Yoga - Pak Nyoman (CE)

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For up to date information on events, times, dates and details, go to: [www.desaseni.com/events-3](http://www.desaseni.com/events-3)

Classes without level specification are open to all. Our experienced teachers will offer variations for all levels of practice.  
 Hatha Yoga Beginner: This class is for people beginning their yoga journey  
 Level 2: A dynamic class suited for intermediate practitioners  
 Level 2-3: A dynamic class suited for experienced practitioners  
 (CE) Community Event: Donation basis, Everyone Welcome!  
 \*FlyHighYoga is limited to 20 students per class, Please register in advance to secure your spot  
 All classes Rp. 140.000 per class, Kids Rp. 60.000 (10-17 Years old) per class. Rp. 100.000 for Indonesian Citizens  
 Rp. 1.200.000 for 12 class pass, or Rp. 700.000 for 6 class pass.

If you are interested in a Private Yoga Class, please call: 0361-8446392 or 0361-8446394 write to info@desaseni.com

